

# HARMONY HALL CENTRE FOR SENIORS - JUNE 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
 <p>9:15-10:15 Gentle Fitness 10:00-11:30 Beginner's Euchre 11:00-3:00 Poker</p>			<p>10:00-11:00 Fitness with Maija 10:00-12:00 Cribbage 12:00-4:00 Snooker 1:00-3:00 Knit and Chat 1:30-3:30 Beginner's Poker <b>1:00-2:00 Sweet Talk: MEMORY &amp; DEMENTIA</b></p>	<p><b>Chinese Social</b> 10:00-11:00 French Class 10:30-11:30 Line dancing 1:15-2:15 Bead Class 1:15-2:15 Tai Chi 10:00-11:00 Gentle Fitness @ 10 Gower Street</p>
5	6	7	8	9
<p>9:15-10:15 Gentle Fitness 10:00-11:30 Beginner's Euchre 11:00-3:00 Poker</p>	<p><b>Tamil Social</b></p>	<p>9:30-10:30 Yoga <b>11:00-1:00 Foot Clinic</b> 12:00-4:00 Euchre 2:00-3:30 Art Class 5:00-6:15 Mobile Food Market @ 10 Gower Street</p>	<p>10:00-11:00 Fitness with Maija 10:00-12:00 Cribbage 12:00-4:00 Snooker 1:00-3:00 Knit and Chat 1:30-3:30 Beginner's Poker</p>	<p><b>Chinese Social</b> 10:00-11:00 French Class 10:30-11:30 Line dancing 1:15-2:15 Bead Class 1:15-2:15 Tai Chi 10:00-11:00 Gentle Fitness @ 10 Gower Street</p>
12	13	14	15	16
<p>9:15-10:15 Gentle Fitness 10:00-11:30 Beginner's Euchre <b>10:30-12:30 Cooking with Teddy</b> 11:00-3:00 Poker</p>	<p><b>Tamil Social</b></p>	<p>9:30-10:30 Yoga 10:00 - 1:00 Chess Drop-in 12:00-4:00 Euchre 2:00-3:30 Art Class 5:00-6:15 Mobile Food Market @ 10 Gower Street</p>	<p>10:00-11:00 Fitness with Maija 10:00- 12:00 Cribbage 12:00-4:00 Snooker 1:00- 3:00 Knit and Chat 1:30-3:30 Beginner's Poker <b>1:00-3:15 Movie: The Apartment</b></p>	<p><b>Chinese Social</b> 10:00-11:00 French Class 10:30-11:30 Line dancing 1:15-2:15 Bead Class 1:15-2:15 Tai Chi 10:00-11:00 Gentle Fitness @ 10 Gower Street</p>
19	20	21	22	23
<p>9:15-10:15 Gentle Fitness 10:00-11:30 Beginner's Euchre 11:00-3:00 Poker <b>12:00-2:00 Father's Day Lunch Out</b> <b>Swiss Chalet</b></p>	<p><b>Tamil Social</b></p>	<p>9:30-10:30 Yoga 10:00 - 1:00 Chess Drop-in 12:00-4:00 Euchre 2:00-3:30 Art Class 5:00-6:15 Mobile Food Market @ 10 Gower Street</p>	<p>10:00-11:00 Fitness with Maija 10:00- 12:00 Cribbage 12:00-4:00 Snooker 1:00- 3:00 Knit and Chat 1:30-3:30 Beginner's Poker</p>	<p><b>Chinese Social</b> 10:00-11:00 French Class 10:30-11:30 Line dancing 1:15-2:15 Bead Class 1:15-2:15 Tai Chi 10:00-11:00 Gentle Fitness @ 10 Gower Street</p>
26	27	28	29	30
<p>9:15-10:15 Gentle Fitness 10:00-11:30 Beginner's Euchre 11:00-3:00 Poker <b>1:00-3:00 Bingo</b></p>	<p><b>Tamil Social</b> <b>10:00-11:00 English Committee Meeting</b></p>	<p>9:30-10:30 Yoga 10:00 - 1:00 Chess Drop-in 12:00-4:00 Euchre 2:00-3:30 Art Class 5:00-6:15 Mobile Food Market @ 10 Gower Street</p>	<p>10:00-11:00 Fitness with Maija 10:00- 12:00 Cribbage 12:00-4:00 Snooker 1:00- 3:00 Knit and Chat 1:30-3:30 Beginner's Poker</p>	<p><b>Chinese Social</b> 10:00-11:00 French Class 10:30-11:30 Line dancing 1:15-2:15 Bead Class 1:15-2:15 Tai Chi 10:00-11:00 Gentle Fitness @ 10 Gower Street</p>