



# HARMONY HALL CENTRE FOR SENIORS MAY - 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
 South Riverdale COMMUNITY HEALTH CENTRE	<b>Tamil Social</b>  Ontario Local Health Integration Network "A United Way Member Agency"	9:30-10:30 Yoga 10:00 - 1:00 Chess Drop-in 12:00-4:00 Euchre 5:00-6:15 Mobile Food Market @ 10 Gower Street	10:00-11:00 Fitness with Maija 10:00-12:00 Cribbage 10:00-12:00 Snooker 1:00- 3:00 Knit and Chat 1:30-3:30 Beginner's Poker <b>1:00-2:00 Sweet Talk:</b> <b>Homeopathy</b>	<b>Chinese Social</b> 10:00-11:00 French Class 10:30-11:30 Line Dancing 1:15-2:15 Bead Class 1:15-2:15 Tai Chi
7	8	9	10	11
9:15-10:15 Gentle Fitness 10:00-11:30 Beginner's Euchre 11:00-3:00 Poker	<b>Tamil Social</b>	9:30-10:30 Yoga 10:00 - 1:00 Chess Drop-in 12:00-4:00 Euchre 5:00-6:15 Mobile Food Market @ 10 Gower Street	10:00-11:00 Fitness with Maija 10:00-12:00 Cribbage 10:00-12:00 Snooker 1:00- 3:00 Knit and Chat 1:30-3:30 Beginner's Poker	<b>Chinese Social</b> 10:00-11:00 French Class 10:30-11:30 Line Dancing 1:15-2:15 Bead Class 1:15-2:15 Tai Chi
14	15	16	17	18
<b>No Gentle Fitness</b> 10:00-11:30 Beginner's Euchre 11:00-3:00 Poker <b>12:00-2:00</b> <b>PROGRAM ADVISORY</b> <b>COMMITTEE ELECTION</b> <b>LUNCHEON</b>	<b>Tamil Social</b>	9:30-10:30 Yoga 10:00 - 1:00 Chess Drop-in 12:00-4:00 Euchre 5:00-6:15 Mobile Food Market @ 10 Gower Street	10:00-11:00 Fitness with Maija 10:00-12:00 Cribbage 10:00-12:00 Snooker 1:00- 3:00 Knit and Chat 1:30-3:30 Beginner's Poker	<b>Trip: The Bell Lightbox Theatre</b> <b>Chinese Social</b> 10:00-11:00 French Class 10:30-11:30 Line Dancing 1:15-2:15 Bead Class 1:15-2:15 Tai Chi
21	22	23	24	25
<b>OFFICE CLOSED</b> <b>VICTORIA DAY</b>	<b>Tamil Social</b> <b>10:00-11:00</b> <b>English Committee</b> <b>Meeting</b>	9:30-10:30 Yoga <b>11:00-1:00 Foot Clinic</b> 12:00-4:00 Euchre 5:00-6:15 Mobile Food Market @ 10 Gower Street	10:00-11:00 Fitness with Maija 10:00- 12:00 Cribbage 10:00-12:00 Snooker 1:00- 3:00 Knit and Chat 1:30-3:30 Beginner's Poker <b>1:00:30 Movie:</b> <b>Austin Powers</b> <b>International Man of Mystery</b>	<b>Chinese Social</b> 10:00-11:00 French Class 10:30-11:30 Line Dancing 1:15-2:15 Bead Class 1:15-2:15 Tai Chi
28	29	30	31	
No Gentle Fitness 10:00-11:30 Beginner's Euchre 11:00-3:00 Poker <b>1:00-3:00 Bingo</b>	<b>Tamil Social</b>	9:30-10:30 Yoga 10:00 - 1:00 Chess Drop-in 12:00-4:00 Euchre 5:00-6:15 Mobile Food Market @ 10 Gower Street	10:00-11:00 Fitness with Maija 10:00- 12:00 Cribbage 10:00-12:00 Snooker 1:00- 3:00 Knit and Chat 1:30-3:30 Beginner's Poker	