





HARMONY HALL CENTRE FOR SENIORS - SEPTEMBER 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	 <p>“A United Way Member</p>			<p>Chinese Social 10:00-11:00 French Class 10:30-11:30 Line dancing 1:15-2:15 Bead Class 1:15-2:15 Tai Chi 10:00-11:00 Gentle Fitness @ 10 Gower Street</p>
4	5	6	7	8
<p>OFFICE CLOSED LABOUR DAY</p>	<p>Tamil Social</p>	<p>9:30-10:30 Yoga 10:00 - 1:00 Chess Drop-in 12:00-4:00 Euchre 5:00-6:15 Mobile Food Market @ 10 Gower Street</p>	<p>10:00-11:00 Fitness with Maija 10:00-12:00 Cribbage 10:00-12:00 Snooker 11:15-1:15 Let's Dance 1:00- 3:00 Knit and Chat 1:30-3:30 Beginner's Poker 2:00-3:00 Sweet Talk: Osteoporosis</p>	<p>Chinese Social 10:00-11:00 French Class 10:30-11:30 Line dancing 1:15-2:15 Bead Class 1:15-2:15 Tai Chi 10:00-11:00 Gentle Fitness @ 10 Gower Street</p>
11	12	13	14	15
<p>9:15-10:15 Gentle Fitness 10:00-11:30 Beginner's Euchre 11:00-3:00 Poker</p>	<p>Tamil Social</p>	<p>9:30-10:30 Yoga 10:00 - 1:00 Chess Drop-in 12:00-4:00 Euchre 5:00-6:15 Mobile Food Market @ 10 Gower Street</p>	<p>10:00-11:00 Fitness with Maija 10:00-12:00 Cribbage 10:00-12:00 Snooker 11:15-1:15 Let's Dance 1:00- 3:00 Knit and Chat 1:30-3:30 Beginner's Poker</p>	<p>Chinese Social 10:00-11:00 French Class 10:30-11:30 Line dancing 1:15-2:15 Bead Class 1:15-2:15 Tai Chi 10:00-11:00 Gentle Fitness @ 10 Gower Street</p>
18	19	20	21	22
<p>9:15-10:15 Gentle Fitness 10:00-11:30 Beginner's Euchre 11:00-3:00 Poker 12:00-2:00 Hamish's Kitchen Fish and Chips</p>	<p>Tamil Social</p>	<p>10:00 - 1:00 Chess Drop-in 12:00-4:00 Euchre 5:00-6:15 Mobile Food Market @ 10 Gower Street</p>	<p>10:00-11:00 Fitness with Maija 10:00- 12:00 Cribbage 10:00-12:00 Snooker 11:15-1:15 Let's Dance 1:00- 3:00 Knit and Chat 1:30-3:30 Beginner's Poker 2:00-4:00 Movie: People Like Us</p>	<p>Chinese Social 10:00-11:00 French Class 10:30-11:30 Line dancing 1:15-2:15 Bead Class 1:15-2:15 Tai Chi 10:00-11:00 Gentle Fitness @ 10 Gower Street</p>
25	26	27	28	29
<p>9:15-10:15 Gentle Fitness 10:00-11:30 Beginner's Euchre 10:00-2:00 Membership Renewal & Open House 11:00-3:00 Poker 1:00-3:00 Bingo</p>	<p>Tamil Social 10:00-11:00 English Committee Meeting</p>	<p>10:00 - 1:00 Chess Drop-in 12:00-4:00 Euchre 5:00-6:15 Mobile Food Market @ 10 Gower Street</p>	<p>10:00-11:00 Fitness with Maija 10:00- 12:00 Cribbage 10:00-12:00 Snooker 11:15-1:15 Let's Dance 1:00- 3:00 Knit and Chat 1:30-3:30 Beginner's Poker</p>	<p>Chinese Social 10:00-11:00 French Class 10:30-11:30 Line dancing 1:15-2:15 Bead Class 1:15-2:15 Tai Chi 10:00-11:00 Gentle Fitness @ 10 Gower Street</p>

