





2 A THE MARKET PLACE--MARCH 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
	 a program of South Riverdale CHC		9:30-10:30 Tai Chi 11:00-12:00 Gentle Fitness 1:00-2:00 Basic Computer 1:00-3:00 Knit & Chat	9:30-10:30 Tai Chi
5	6	7	8	9
9:30-10:30 Tai Chi 11:00-12:00 Gentle Fitness	9:30-10:30 Tai Chi  "A United Way Member Agency?"	11:30-12:30 Yoga	9:30-10:30 Tai Chi 11:00-12:00 Gentle Fitness 1:00-2:00 Basic Computer 1:00-3:00 Knit & Chat	9:30-10:30 Tai Chi
12	13	14	15	16
9:30-10:30 Tai Chi No Gentle Fitness	9:30-10:30 Tai Chi	No Yoga Class	9:30-10:30 Tai Chi No Gentle Fitness 1:00-2:00 Basic Computer 1:00-3:00 Knit & Chat	9:30-10:30 Tai Chi 11:00 - 12:00 BOOK CLUB
19	20	21	22	23
9:30-10:30 Tai Chi 11:00-12:00 Gentle Fitness	9:30-10:30 Tai Chi	1:30-12:30 Yoga	9:30-10:30 Tai Chi 11:00-12:00 Gentle Fitness 1:00-2:00 Basic Computer 1:00-3:00 Knit & Chat	9:30-10:30 Tai Chi
26	27	28	29	30
9:30-10:30 Tai Chi 11:00-12:00 Gentle Fitness	9:30-10:30 Tai Chi	1:30-12:30 Yoga	9:30-10:30 Tai Chi 11:00-12:00 Gentle Fitness 1:00-2:00 Basic Computer 1:00-3:00 Knit & Chat	Office Closed Good Friday